

TITLE	Update on progress made against Ofsted recommendations relevant to Health and Wellbeing Board
FOR CONSIDERATION BY	Health and Wellbeing Board on 14 April 2016
WARD	None Specific
DIRECTOR	Judith Ramsden, Director of Children's Services

OUTCOME / BENEFITS TO THE COMMUNITY

The Board has the Wellbeing of Children & Young People living in the Borough within its remit and has marked it as a high priority.

The Public Health Annual Report 2016 and recent Ofsted Singled Inspection identify opportunities for Board led action to make a positive difference for Wokingham children.

This paper sets out how the Board can enhance our partnership approach with actions that help set up our children for better health and wellbeing outcomes in later life which in turn will help to reduce inequalities.

RECOMMENDATION

That the Health and Wellbeing Board:-

- 1) Respond to the priority needs identified in the Public Health Annual Report 2016 by adopting a "1001 critical days" strategy and implementation plan, based on primary prevention principles and a focus upon fostering good mental / emotional wellbeing, secure attachment and prevention of child maltreatment;
- 2) Monitor the delivery of this plan through a multi - agency scorecard;
- 3) Take action to support the development of lifelong healthy lifestyle behaviours;
- 4) Demonstrate ownership of two relevant elements of the Ofsted Action Plan as follows –
 - a) Accelerate the implementation of the local authority and clinical commissioning group emotional health strategy to ensure better and quicker access to emotional and mental health support for children by hosting a summit focusing on progress and priority actions;
 - b) Sponsor the development of the transition to adulthood management group as a multi-agency group and receives a report from this group demonstrating the effectiveness of service pathways for all children and for young people in transition.

BERKSHIRE ANNUAL PUBLIC HEALTH REPORT

As identified in Professor Marmot's landmark report, events from pre-conception and throughout life can have cumulative negative and positive impact upon an individual's outcomes. Health inequalities have a direct link to deprivation and even within our Borough of relative affluence there are variations in life expectancy dependent on

relative deprivation. Within Wokingham life expectancy varies by 4.8 years for men and 5.6 years for women. Actions to reduce inequalities in health need to start pre-birth as reflected by two of Marmot's six key policy priorities;

- "Give every child the best start in life"
- "Enable all children, young people and adults to maximize their capabilities and have control over their lives"

Within Berkshire the 2016 Annual Public Health report focuses on Children and improving their outcomes to impact upon later life. Including child and infant mortality, maternal and child Obesity, education and health, Looked after Children and use of hospital services.

Recommended areas for further exploration by the Board are:-

1 - School Readiness & Narrowing the gap

2 – Healthy Lifestyle Behaviours

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1 - School Readiness & Narrowing the Gap

The educational achievement gap at the end of reception between 'all pupils' and those 'eligible for free school meals' is higher in Wokingham when compared with the England average. This was the lowest achievement rates within Berkshire and one of the lowest nationally.

Deprivation has a direct link to so many outcomes in health and general wider wellbeing, such as higher hospital admission rates from areas of higher deprivation. The borough is below national averages for school readiness.

2 - Emotional resilience and wellbeing of young people

Emotional wellbeing / resilience is of concern universally across our population of young people and is a concern echoed by Schools. It is harder to grow up in relative poverty when those around you have great affluence, compared to living in a community where everyone experiences the same level of deprivation. Other potential risk factors for emotional health problems include; a child's constant strive / pressure for excellence within high achieving families, and a lack of adversity at young age leaving them less equipped to deal with challenging adolescent life.

Looked after children have higher SDQ scores than both the regional and national average indicating there are poorer mental health outcomes for LAC within the Borough. There is also a poor level completion (49%), but by no means the lowest within Berkshire, of the SDQ's.

Actions for the Health and Wellbeing Board to support improved school readiness and emotional resilience

A multi-agency approach is required to address the social and environmental

determinants of health inequalities and poor school readiness. These inequalities include familial disadvantage, domestic violence, drug and alcohol misuse and poor mental health.

A good early start is crucial to tackle the challenge of improving school readiness. Pregnancy, birth and the first 24 months of a child life are a vital to their health outcomes throughout life. It is also a critical window of opportunity where parents are receptive to advice, support and providing the best start for their child. **The “1001 Critical Days manifesto” (2015)** outlines the cross party support for this and is supported by a plethora of children’s charities, mental health charities, Faculty of Public Health as well as a variety of medical governing bodies.

A strong evidence base is apparent for the impact on children’s outcomes of antenatal / postnatal depression, exposure to violence, maltreatment and poor parenting. Research has demonstrated recurring cycles of violence, abuse, disadvantage and dysfunction, which run from generation to generation. Multiple studies have identified the factors which can cause these cycles to persist as well as to break them. Protective factors, such as being loved or cared for by someone empathic, or family support, can help people to break free of these cycles. A holistic child and family centred primary prevention is needed with the recommended essential elements below.

Essential elements for a good local primary prevention approach	
1	Good universal services
2	Central role of children’ s centres
3	Universal early identification of need for extra support
4	Good antenatal services
5	Good specialised perinatal mental health services
6	Universal assessment and support for good attunement between parent and baby
7	Prevention of child maltreatment

The “1001 Critical Days manifesto” recommends. The following actions. **It is recommended that the Board supports these actions.**

- Health & Wellbeing Boards to adopt the “1001 days” strategy and demonstrate an implementation plan for this within five years. This should be based on primary prevention principles with focus upon fostering good mental / emotional wellbeing, secure attachment and prevention of child maltreatment.
- That Health and Wellbeing Board monitor the delivery of this through a scorecard, similar to Adoption Scorecards, and joined up multi-agency inspection framework combining OFSTED and CQC.

3 - Lifelong healthy lifestyle behaviours

Prevalence of childhood obesity doubles in Wokingham between reception and year 6 but this pattern is reflective of the national picture. All wards within the Borough have this pattern with the highest prevalence on obesity in year 6 seen in Swallowfield, Shinfield North & South, Bulmershe & Whitegates and Loddon. Obesity can lead to many long term health conditions such as diabetes, cardiovascular disease, increased risk of asthma and have poor impacts upon emotional wellbeing.

Actions for the Health & Wellbeing Board to improve lifelong healthy lifestyle behaviours

The Health & Wellbeing Board currently consults on all major housing developments. This consultation should include access to green spaces and opportunities for health lifestyles to be integrated into design.

The Board should sponsor an active communities action plan with a focus on School provision and School transport plans to engage active means of travelling to school including the current work around transport to school for SEN.

The Board should support priority population groups to target a previous universal offer around behaviour lifestyle behaviours for example childhood vaccinations and affordable healthy nutrition.

The Board should sponsor exploration of how asset based work with the voluntary sector can assist in a diminishing universal offer.

Progress on Responding to Ofsted Recommendations and Actions for the Board

The Board members have shared responsibility and accountability for two of the findings from the October 2015 Ofsted Single Inspection of Children's Services

Recommendation 1 focuses on Emotional Health:

Accelerate the implementation of the local authority and clinical commissioning group emotional health strategy to ensure better and quicker access to emotional and mental health support for children and young people.

We have established a Board - agreed emotional health and wellbeing strategy and Future in Mind transformation plan to deliver improved emotional health and wellbeing services. Progress on implementation of these include:

- Counselling services jointly commissioned by the local authority (LA) and the clinical commissioning group (CCG) launched on 1st April 2016.
- Joint LA and CCG Emotional Health Project Initiation Document reviewed by the Task and Finish Group set up to prioritise children in need of immediate support.
- Named Children's Commissioners to manage the interface of decisions from both LA and CCG have been agreed

Actions are not yet resulting in the reduction of waiting times as we would have hoped. **It is recommended that** the Board hosts a summit focusing on progress and priority actions. The purpose to identify and remove barriers to improved delivery and outcomes.

Recommendation 2: Transition Planning

With partners, ensure that there is an effective integrated service pathway for all children and for young people in transition.

Progress on ensuring effective transitions includes the establishment of a Transition to adulthood Management Plan for 16-17, with enhanced oversight of transition through

the transition to adulthood mapping and transition to adulthood management groups. However this group has been established as a single agency Children's services led group.

It is recommended that the Board sponsors the development of the transition to adulthood management group as a multi-agency group and receives a report from this group demonstrating the effectiveness of service pathways for all children and for young people in transition.

FINANCIAL IMPLICATIONS OF THE RECOMMENDATION

The Council faces severe financial challenges over the coming years as a result of the austerity measures implemented by the Government and subsequent reductions to public sector funding. It is estimated that Wokingham Borough Council will be required to make budget reductions in excess of £20m over the next three years and all Executive decisions should be made in this context.

	How much will it Cost/ (Save)	Is there sufficient funding – if not quantify the Shortfall	Revenue or Capital?
Current Financial Year (Year 1)			
Next Financial Year (Year 2)			
Following Financial Year (Year 3)			

Other financial information relevant to the Recommendation/Decision

N/A

Cross-Council Implications

N/A

Reasons for considering the report in Part 2

N/A

List of Background Papers

N/A

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